



## NEWS RELEASE

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### **M. T. Pockets Theatre presents THE DIET MONOLOGUES**

**MORGANTOWN, WV** – Good self-esteem is the theme at M. T. Pockets Theatre this week with the opening of **The Diet Monologues** on Thursday, February 23 at 8:00 PM, offering an evening of comedy and music featuring such songs as *Bloated*, *The Five Days of New Years* and *Pretty Face*.

**The Diet Monologues**, written by Monica Bauer, is a funny look at self-esteem and the roadblocks in the way of self-esteem faced by "people of weight" in American society.

The play revolves around Lacey Stewart, a well-meaning teenager whose best friend has a weight problem. After taking a terribly insensitive approach to "helping" her friend, Lacey finds herself receiving spam email in the form of diet ads. Lacey asks her mother for advice, who sends her on a trip through the many faces of life as an overweight person in America. Lacey is sent out to interview an interesting variety of individuals that Lacey's mother has met through Weight Watchers.

Young Lacey get lessons on anorexia, sex, gyms, the ins and out of Atkins, and the truth about what real nutritionists would love to say to both the Diet Industry and the Fast Food Industry. There is a wide variety of perspectives included -- Jews, Protestants, Catholics, some who have accepted their weight and some who struggle against it. All of it funny, and yet resonating with the ring of truth.

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**The Diet Monologues**, directed by Raquel Nethken, includes performances by several members of the M. T. Pockets' ensemble, as well as talent from a few local newcomers. M. T. Pockets' audiences will recognize seven faces in the cast from several previous productions, Fran Hofer, Ann Toren, Angela Lacey-McCracken, Angela Walker, Raquel Nethken, Toni Morris, and Peter Medley. Making their debut with the company are Liz Rossi, Marty Dunlap, and Jay Creamer.

**The Diet Monologues** will open Thursday, February 23 at 8:00 PM with additional performances on Feb. 24, 25 and March 3 and 4. Tickets for the production are \$12 for adults, \$10 for seniors and \$7 for students.

A **Buy-One-Get-One for Half Price** special is offered for tickets for the February 23 production.

The M. T. Pockets Theatre is located at 235 Spruce Street -- beside Morgantown Florist. The M. T. Pockets Theatre is an intimate venue and many performances sell out. Advance tickets are available on line at [www.MTPocketsTheatre.com](http://www.MTPocketsTheatre.com). To reserve a ticket, patrons may call the theatre at 304.284.0049 or email [Tickets@MTPocketsTheatre.com](mailto:Tickets@MTPocketsTheatre.com).

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